



2015 Urantia International Conference
Bishops University
Sherbrooke, Quebec, Canada



Progressing from human to divine

From July the 30th to August the 2nd

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INTRODUCTION

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PROGRESSING FROM HUMAN TO DIVINE

Introduction

The Heavenly Father has a mission for each of us. He welcomes us into the great family of God's children and gives us the opportunity to develop our potentials to carry their full expression of divine values in our material lives and beyond. Indeed, the Father has placed in our hands control over an infinitesimal fraction of the future of the Supreme¹. We will have a good part of eternity to accomplish this mission and it starts now, here, on Urantia.

How do we carry out this major project, this grand and eternal adventure, this beautiful partnership between the human and the divine? By agreeing to become perfect as our heavenly Father is perfect. Growth and progress are the watchwords of the universe. By agreeing to grow, to progress from the human to the divine, we will be able to bring into fruition what God has placed in our hands. What are the winning conditions, the tools, and healthy lifestyles that allow for better growth? This is what we invite you to explore during these three days conference.

Day 1: The family- Creating a favourable environment for the child's development

Day 2: The individual- Encourage balanced growth

Day 3: Society and brotherhood- Progressing from human to divine: revealing ourselves to God².

¹ (1285.1) 117:4.12

² Day 3 has only plenaries.

What you need to know on the plenaries

Speakers should provide speeches or presentations that are coherent with the teachings of The Urantia Book and the purpose of the event; they should be inspiring, practical and based on actual experiences. They should be to a maximum of **30 minutes** in length.

What you need to know on the workshops

This document is divided in 2 sections: a short description of the workshops with an annex in which you will find more information (goals and references to The Urantia Book.) To access this information, click (CTRL and click on right) on the blue link that is immediately after the workshop description. Similarly, the links that are found in the appendix section will refer you to the description of the next workshop.

Each workshop will fulfill some pedagogic criteria starting with the practical side of what is to be presented, explored and shared.

The workshop:

- 1) Must be based on a specific theme that is defined in the program;
- 2) Must have a well-defined objective;
- 3) Must be practical; it may contain one or more exercises emphasizing the subject to be taught;
- 4) Should promote the sharing of actual experiences so as to enhance the meaning of the teachings in their application;
- 5) Should highlight the talents of leaders and teachers- facilitators as well as participants;
- 6) May include didactic material that participants may retain;
- 7) Should ultimately be based on the teachings of The Urantia Book for its elaboration.
- 8) Workshops are schedule to be **1½hr** long.

It is suggested to send us a document with the following information:

- Your contact information (name, e-mail);
- The rationale for the chosen theme (what attracts you to this topic specifically?);
- The purpose of your workshop;
- The concepts presented;
- A description of the course of the workshop (For example, will there be a period of presentation of the material, a sharing period or activities among participants? How will you involve participants in the workshop? How will your workshop be built?);
- A description of the teaching materials offered (if any);

Email: line.stpierre@gmail.com

Day 1: Family- Creating an enabling environment for the development of the child

Individuals were important to Jesus; they were at the center of his concerns. Individuals are the basic cells of society; by assisting their growth, it is humanity in totality that we help in its progression towards the ages of light and life. One of our primary concerns should be to provide a fertile ground for such a growth. This should be done during the period of childhood, an important stage in the development of the individual. It is then that we can lay a solid foundation for the development of a good character. So that the human, social and spiritual growth of the child takes place in a normal and balanced manner, it is important to establish winning conditions early in life. What are the elements that constitute a favourable environment for social and spiritual development of the child?

THE PLENARIES

1 – THE CHILD AND HIS EDUCATION **BY LOURDES BURGA-CISNEROS, PERU**

Curriculum: The Urantia Book teaches us that the universe is a great school where we are both student and teacher. The education of children is basic in the outlining of the character on which the Adjuster will lean on to do his work within the mind, where the great responsibility of parents is involved. Papers 126 and 127 describe techniques that Jesus used to teach his brothers and sisters. In Paper 177-1, Jesus explains to Jean Marc how the first years of life are crucial. In Paper 72, chapters 3 and 4, they describe life at home and the educational system on a nearby planet. This plenary is a reflection on the importance of creating an environment conducive to the growth of the child.

2 - THE TOOLS OF SOCIALIZATION OF CHILDREN **BY CHRIS WOOD, USA**

Curriculum: This plenary aims to reflect on the concepts of The Urantia Book in regard to the factors involved in child socialization. The most effective agent of socialization is within the couple, in the manner in which the father and mother will live their relationship, because it leads more effectively to virtue than to precepts.

- the influence of family (nuclear and extended) in the socialization of children;
- the importance of the ludic aspects in learning teamwork;
- the importance of real and imaginary journeys as an engine of creativity;
- the importance of domestic and social responsibilities in the acquisition of maturity.

3- SPIRITUAL UNITY OF THE FAMILY **BY TAMARA STRUMFELD, USA**

Curriculum: The Urantia Book tells us that the home is the fundamental human institution for the development of civilization. In paper 83 and 84 it describes the evolution and importance of this institution. Jesus taught his apostles to look for spiritual unity over uniformity of beliefs and that, in both the couple and the family. This plenary explores the issue of relationships within the family.

THE WORKSHOPS

COMPONENT 1- The child and his education

This component aims to explore the importance of loyalty and faithfulness to spiritual values as an important factor in the education of the child. Several topics are covered: What is the importance of religious and spiritual education? When and how to introduce spiritual concepts in the education of the child? What is the importance of the spiritual unity of parents in the education of children?

We suggest the reading of papers relating to the period when Jesus was actively involved in the education of his brothers and sisters, to draw inspiring lessons for the education of our children today. Paper 72, Government on a Neighboring Planet is also an important source of information in the development of workshops for that day.

WORKSHOP NO.1 SPIRITUAL GROWTH OF THE CHILD

BY **SANDRA BURGA-CISNEROS**

The early experiences of the child are very important in the direction that his future life will take him. Today we have a better understanding of the social development of the child and his creative potential process, but what about the spiritual dimension? This workshop will explore the development of a religious experience common to the child without jeopardizing the balance of his personality.

More information on page [20](#)

WORKSHOP NO. 2 CREATIVITY AMONG THE CHILD

Before a student in music can compose and write music, he must first learn the language of music to express his creativity. In this workshop we will try to understand how discipline is the base on which creativity can be expressed.

More information on page [20](#)

WORKSHOP NO. 3 DEVELOPMENT OF THE BALANCE OF CHARACTER AMONG THE CHILD

In this workshop we will try to understand the importance of the equilibrium within the development of physical, mental and spiritual powers of the child. We will question the long-term consequences of a positive attitude and the development of self-esteem. We also will address the issue of discipline in the child.

More information on page [20](#)

WORKSHOP NO. 4 INFLUENCE OF ADULT BEHAVIOR ON THE CHILD

BY **LOURDES BURGA-CISNEROS**

The child is a great observer. He assimilates information from his environment with much ease. It is important that the child is surrounded by healthy adults who developed a healthy lifestyle. This workshop is presented as a

look on the role of guardians, on the need for the child to be surrounded by loving care and the importance of role models to follow for the unification of his personality.

More information on page [21](#)

WORKSHOP NO. 5 ADOLESCENCE AND SPIRITUALITY

The teenager is looking for an identity. He wants to make his own place in the sun in an adult world while often ignoring himself as a host of such a sun. In this workshop we will try to identify the tools to offer to the teenager so he can be aware of the place reserved for him in creation.

More information on page [21](#)

Component 2 - Tools for child socialization

WORKSHOP NO. 6 THE IMPORTANCE OF MORAL AND SPIRITUAL VALUES

BY CHRIS & ALICE WOOD

Man hosts a divine Adjuster that allows him to appreciate the moral values and recognize spiritual meanings. This demonstrates the importance of the acquisition of these values for our growth. This workshop explores the acquisition of moral values among children through the sharing of our personal experiences and the testimony of experienced parents.

More information on page [21](#)

WORKSHOP NO. 7 TEAMWORK

BY LOURDES BURGA-CISNEROS

Children who grew up in a healthy environment naturally love team activities. This provides a good social integration. This workshop explores methods and modern expressions of cooperation and their importance in our social and cosmic growth.

More information on page [21](#)

WORKSHOP NO. 8 COMMUNICATION TECHNOLOGY AND HUMAN RELATIONSHIPS

Great inventions significantly change our lives. This is the case of the information and communication technologies. These tools can be used to make civilization grow, but sometimes they constitute a danger through the improper use that individuals make. This workshop is a time of reflection on the safe use of these technologies, their value to society and their impact on the growth of our children.

More information on page [22](#)

Component 3 - Spiritual Unity in the family

WORKSHOP NO. 9 PRAYER AND WORSHIP

Prayer and worship are essential activities in our relationship with God. How to help the child to make contact with the divine presence, how to teach him the regular practice of these two activities? The purpose of this workshop is to distinguish between these two techniques of communication with the Divine and demonstrate their personal and collective applications while offering ways to approach this subject with children.

More information on page [22](#)

WORKSHOP NO. 10 MEDITATION

BY **GABRIEL RYMBERG**

The biggest challenge facing modern man is to establish better communication with the divine Monitor that dwells in the human mind, raise awareness of our union with God. In this workshop we will try to give an overview of different methods of meditation and understand this invigorating practice. Will be discussed, among other, to adapt these methods for children.

More information on page [22](#)

WORKSHOP NO. 11 PARENTING

BY **GABRIEL RYMBERG & SANDRA BURGA-CISNEROS**

Accepting parenthood is to become responsible for the growth of a new being, even if we're not procreative. This workshop explores the principles of education, which Jesus used as a brother-father to raise his family.

More information on page [23](#)

WORKSHOP NO. 12 THE PARENT / CHILD RELATIONSHIP

The child is completely dependent on his parents, without the child there would be no parents. An authentic relationship is always an experience that transforms us. This workshop is a time for sharing and testimonies to enrich each of our valuable experiences in the mastery of parent / child relationships.

More information on page [23](#)

WORKSHOP NO. 13 THE GRANDPARENTS PLACE

Regardless of the culture, grandparents always have a role to play in the family: they are the link with past generations. They offer to their grandchildren access to an identity through the continuity they represent. This workshop provides a reflection on the socializing value of relationships between generations.

More information on page [23](#)

WORKSHOP NO. 14 THE STEPFAMILY CHALLENGES

Stepfamilies are increasingly part of the social landscape, but how can we make a united family with two broken families? In this workshop, we look for ways to rebuild his life, not leaving everything behind, but by creating new values in order to best go ahead.

More information on page [24](#)

WORKSHOP NO. 15 THE FAMILY AND SOCIETY

In this workshop, we seek to raise awareness of the importance exercised by the family on this great organism of society. Although nowadays we have very effective technical ways to transmit knowledge, the family frame is still essential for learning patience, altruism, tolerance and forbearance.

More information on page [24](#)

WORKSHOP NO. 16 CHILD AND SINGLE PARENT FAMILY

There are a significant percentage of parents who alone raise their children, and it is often women who are responsible for this task. In this workshop we will try to understand how to ensure that the child raised in this particular environment could acquire the model of parental couple so he could pass on to his own children when the time comes.

More information on page [24](#)

WORKSHOP NO. 17 PARENTAL EXPERIENCE POSTPONED

The relationship between parents and children is fundamental to develop the essential relationship between the Universal Father and his children in the universe. "But for various reasons, many people do not start a family thus depriving themselves of the experience that follows normal parenting. This workshop is a questioning of ways to compensate some aspects of this delayed experience.

More information on page [24](#)

Day 2: The individual - promote balanced growth

To be part of the great family of God, a simple act of will is required to enter and be part of it. To dwell therein we must browse through the second mile and accept to grow. Our Heavenly Father invites us to grow and become spiritually mature sons of God. This maturity is acquired by balanced growth. The workshops of this day aim to explore the various facets of growth.

THE PLENARIES

1- HUMAN DIGNITY BY **ANDRES RAMIREZ, COLOMBIA**

Curriculum: Respect for human dignity, is to recognize the divine nature of man because we are all children of God created in His image. But how can we really make human dignity the cornerstone of our relationship? What influences do the religions of authority have on the self-assertion of our dignity? How do associations of personalities and expression of mutual affection promote the acquisition of social maturity?

- How to recognize and realize our human dignity
- Consciousness, self-awareness and the spiritual realities that constitute us and their importance.
- Respect for self and others.
- The love of God in relation with human dignity.

2 – THE ART OF LIVING BY **SHEILA KEENE- LUND, USA**

Curriculum: There is a positive force in the knowledge that you live for the welfare of others, and that others may live well for your well-being and evolution. "Everything you would want men to do to you, do so to them," the Golden Rule. Today what is the best way to awaken the beneficial latent powers sleeping in my soul? Although the spirit is our goal, the flesh is a fact.

- How to live in modern times
- How to apply it in everyday life.
- Paper 160 on the art of living, Rodan and the golden rule

3 – THE FRAME OF SPIRITUAL MIND BY **RICHARD LACHANCE, CANADA**

Curriculum: Although religion is a matter of personal experience, it is important to know other religious expressions as ours to avoid becoming egocentric and narrow minded. But what are the necessary conditions to explore the spiritual world without losing its own direction? What roles can truth, wisdom and knowledge have in the many missteps of the experience? The uncertainty in security is the essence of the Paradise adventure.

THE WORKSHOPS

Component 1 - Taking growth in hand

TOOLS OF GROWTH

WORKSHOP NO. 18 GROWTH MANAGEMENT: PLAN AND ASSESSMENT

All celestial beings cannot interfere with our free will; the support they bring us is in proportion of the steadfastness of our decisions. The plan is a reflection tool that allows us to make enlightened decisions on what we will do in the short or long term and how we will go about doing it. We can follow the example of Jesus and the decisions he took during the 40 days following his baptism. This period constitutes the plan of action for the rest of his life in the flesh. Just like the Master, we can do the same for our lives. The overall results, equally important, allow us to measure what has been accomplished and what remains to be done. It allows us to adjust the plan that we have set up for our growth.

More information on page [25](#)

WORKSHOP NO. 19 KNOWLEDGE, EXPERIENCE AND WISDOM

Although knowledge and experience play different roles in the growth process, they are nevertheless complementary and coordinated by wisdom. Throughout our ascension to Heaven, we will have to work to gain more knowledge and experience to the next stages of development of the divine plan.

More information on page [25](#)

WORKSHOP NO. 20 WORSHIP

Isn't worship the recognition of God as all-powerful ruler of the universe, as a loving father of his creation? It is mentioned in The Urantia Book that true worship is to make the choice to comply with the will of the Father by answering his call, "Be you perfect, even as I am perfect." This requires the recognition of God and our affiliation with him but in addition, an active involvement of our whole being in the pursuit of perfection.

More information on page [25](#)

WORKSHOP NO. 21 PRAYER

BY GUY PERRON

Prayer is a tool for personal transformation. It allows the individual to find the resources of the subconscious and on the other hand the resources of the super conscious. But above all, it is the deep desire to express to God what we feel for him.

More information on page [26](#)

WORKSHOP NO. 22 MEDITATION IN THE STYLE OF JESUS

At the time of the publication of the book, or in the middle of the 20th century, dictionaries define meditation as the act of contemplating an idea, a mental sustained reflection and of religious nature. It is not, as in some other techniques, destined to stop the course of thought, nor create a vacuum, but rather to increase the content by reflection. Meditation methods that we know today are significantly distant from the one proposed by the revelators. By fostering activities that involve reflection, we allow the Adjuster to communicate its directives to our mind. The more we reflect, the more our understanding of these directives deepens.

More information on page [26](#)

WORKSHOP NO. 23 BELIEFS AND FAITH IN THE PROCESS OF GROWTH

BY **SHEILA KEENE- LUND**

We sometimes oppose beliefs and faith. However, one does not go without the other. Consistent beliefs allow our faith to grow and, in opposition, inconsistent beliefs can weaken our faith. How does belief, fruit of reason, interact with faith as to help our growth? Reason creates the probability which faith can transform into a moral certainty, even a spiritual experience.

More information on page [27](#)

WORKSHOP NO. 24 EVOLUTIONARY RELIGION, THE PERSONAL SEARCH OF GOD REVEALED RELIGION

Religion is a highly personal matter. On our world exists on a blend of traditional religion, revealed religion and personal search for God. We will try to understand the usefulness of each of these methods approaching God.

More information on page [27](#)

WORKSHOP NO. 25 THE SERVICE, A TOOL FOR GROWING

BY **JOANNE STROBEL**

Seeking God and the service of the spiritual brotherhood of the kingdom of Heavens are concepts that go hand in hand. It seems that service is the result of the relationship between God and His children. Indeed, the love received from the Heavenly Father leads us sooner or later towards serving our brothers and sisters. This aspect of the fifth revelation is so important that it is worth some attention to reflect on its nature and function in the universe.

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THE GIFTS

WORKSHOP NO. 26 THE BODY, THE MIND AND THE SPIRIT

Our reality consists of three different but complementary levels: material, mental and spiritual, each with its own characteristics. Understanding in what way these levels will interact will allow a balanced growth.

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WORKSHOP NO. 27 THE SOUL: OUR FUTURE IDENTITY

The majority of religions have given their own conception of the soul; they are sometimes more or less obscure. In this workshop, we will explore various aspects of the creation and evolution of our soul and we will try to give a more concrete definition.

More information on page [28](#)

WORKSHOP NO. 28 THE UNIFICATION OF PERSONALITY

It is the role of personality to unify the constituents of our whole being. But beyond this function, it has the potential to express the highest values of beauty, goodness and truth. Although difficult to define, this workshop is an exploration of the constituents of personality and its role.

More information on page [28](#)

THE INFLUENCES

WORKSHOP NO. 29 THE ADJUTANT MIND SPIRITS

BY KATY & MARK GEORGE MOORE

The adjutants are one of the levels of consciousness of the Divine Minister and constitute her personal ministry to the mental realms. Their influence is felt among all inhabited worlds under a differential impulse.

More information on page [29](#)

WORKSHOP NO. 30 THE HOLY SPIRIT AND THE SPIRIT OF TRUTH

A spark of God dwells in our mind by the presence of the Thought Adjusters, but many other spiritual influences provide a beneficial help for our spiritual growth. In this workshop, we will explore the gravity circuit of the Mother Spirit of the local universe as well as the Spirit of Truth of the creator son of our local universe, Michael of Nebadon.

More information on page [29](#)

WORKSHOP NO. 31 THE ADJUSTER

The Thought Adjusters are sparks of God living in the human mind. They have a very specific mission when they come to inhabit a mortal. Can we realize the true meaning of the indwelling Adjuster? Do we only measure the meaning of the presence of a fragment of this absolute and infinite Deity, the Universal Father, living in our mortal finite nature and one day fusing with us?

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WORKSHOP NO. 32 THE SERAPHIC GUARDIANS

The Creator has set at our disposal celestial helpers so that we can evolve safely. To better cooperate with them, it

is important to understand their nature and functions. The seraphic guardians are among those personalities who are responsible for guiding us throughout our evolution in the local universe.

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Component 2 - The art of living in society

Group living requires specific skills that individuals must acquire in order to maintain peace in society and promote evolution of the whole. Progressively in our evolution in the education system of the grand universe, we will learn to live with totally different beings than us. What is the art of living? What are the characteristics of the art of living?

WORKSHOP NO. 33 THE ENHANCED GOLDEN RULE

The Golden Rule invites us to love our neighbour as ourselves. The enhanced golden rule demands that we love our brothers and sisters as the Father himself loves them. This involves much more than brotherly love. This way of loving involves the use of wisdom in our relationships with others.

More information on page [30](#)

WORKSHOP NO. 34 HIGHER LEVELS OF THE ART OF LIVING

This workshop explores the importance and benefits of life in society as well as the characteristics of living in group.

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WORKSHOP NO. 35 THE TRUE LIBERTY

Liberty is a rule in the universe. We are free to choose or reject God. A celestial being cannot bully a creature of his choice to accept or reject the divine plan. However, our freedom has well defined boundaries. How to live our freedom without infringing upon those of our brothers and sisters? In this workshop, we will explore the concept of personal liberty doubled with the responsibilities attached to it.

More information on page [31](#)

WORKSHOP NO. 36 SPIRITUAL LIFE AND DAILY REALITY

Spiritual life and daily life are not isolated from each other. Instead, they are interdependent. In this workshop we will look at how spiritual life can support the resolution of common problems of the material existence.

More information on page [31](#)

WORKSHOP NO. 37 NON-RESISTANCE AND NON-VIOLENCE

Non-resistance is a positive attitude that gives no importance to error and evil in fighting them, but rather exalts what is right and good. Individuals who practice non-resistance are not struggling with recurrent life experiences, but use in choosing what they learn from these experiences. Nonviolence is the refusal to use violence in all its forms - verbal, psychological, physical, in order to gain power over others.

More information on page [32](#)

WORKSHOP NO. 38 ETHICS AND ITS VARIOUS ASPECTS

The whole of this magnificent creation was not made only for our own well-being. The Gods have decreed that "it is more blessed to give than to receive," and your Master Son said: "Whoever wants to be the greatest among you be the servant of all."

Higher up in the scale of life, the more the ethic of the universe needs to retain attention.

More information on page [32](#)

Component 3 – Living faith in modern society

Jesus took the time to be informed about the epoch in which he belonged. He made a point to know his contemporaries. A prime example is the period when he traveled the Mediterranean Sea. When he began his public career, he was aware of many problems of his generation. He used this information to better understand the spiritual needs of his time and to respond accordingly. If we want to help our brothers and sisters on the journey to perfection, we too, need to reflect on the needs of the community in which we live. Many readers live in secular societies, where to talk about God can be frowned upon. Others are struggling with a state religion that effectively hinders individuals to experience God in unconventional ways. How do we live our spirituality in a time when materialism is omnipresent? What are the challenges faced by the readers of The Urantia Book in promoting the teachings of the book? How do we express our spirituality while respecting that of others? How do we live in peace with the multiple denominations of our time? How do we help human beings get closer to their Creator?

WORKSHOP NO. 39 THE INTERFAITH DIALOGUE

BY **GARD JAMESON**

The truth expresses itself in many forms and through all religions. Much like Ganid to whom Jesus asked to seek what is right and good in the different religions of his time, we must also learn to recognize the truth when it is presented to us regardless of the source from which it emanates. As reader of The Urantia Book, what healthy attitudes should we need to develop in our dialogue with people from other religions?

More information on page [33](#)

WORKSHOP NO. 40 THE RELIGIOUS IDEAL OF JESUS

It is the human Jesus in his way of living his relationship with God on a daily basis that is a source of inspiration for all religions. The ideal of the religion of Jesus was looking for a more intimate relationship between the creature and the creator. This very inclusive definition suggests that one day, the incomparable Master's life will draw to himself all human beings.

More information on page [33](#)

WORKSHOP NO. 41 COSMIC RESPONSIBILITY**BY LOURDES BURGA-CISNEROS**

When we observe the universe in which we evolve, when we contemplate the greatness of God's plans for us, a question naturally comes to mind: What is our cosmic responsibility towards God plan?

More information on page [33](#)

WORKSHOP NO. 42 PROMOTING THE TEACHINGS OF THE BOOK

Promoting the teachings of The Urantia Book has more to do in the domain of education than in marketing. A good teacher will adapt his teaching to specific needs of the student. This workshop is a reflection on the best attitudes to adopt when trying to share the 5th revelation.

More information on page [34](#)

WORKSHOP NO. 43 COSMIC CONSCIOUSNESS AND SPIRITUAL PERCEPTION

The revelators corps of Orvonton was mandated to expand cosmic consciousness and enhance spiritual perception. This mandate was intended to facilitate our understanding, broaden the meaning of words, to present us expanded concepts and an advanced truth. Extending our cosmic consciousness and enhancing our spiritual perception allows us to see things God's way, to feel the love that there is behind these majestic plans and finally to have a glimpse of the amazing and beautiful destiny ahead of us.

More information on page [34](#)

WORKSHOP NO. 44 THE SUPREME ADVENTURE, "BE PERFECT AS MYSELF I AM PERFECT"

The Father admonishes us to resemble him, "Be perfect as I myself am perfect." This prompt may seem distant and unattainable, but as a goal set for mortals, it is not. To successfully achieve this goal, we must first understand what is required of us during our incarnation.

More information on page [34](#)

Day 3- Society and Brotherhood- PROGRESSING FROM HUMAN TO DIVINE: REVEALING OURSELVES TO GOD

THE PLENARIES**1 - REVEALING OURSELVES TO GOD THROUGH SERVICE****BY SUE TENNANT, CANADA**

Understand the service as a tool for growth; demonstrate the different types of services (personal service, service to society, to the Supreme Being) and how they can support spiritual growth. Explore the idea of service as a means of expression and realization of our human potential. Demonstrate the value of love in service and the worth of experience in growth.

2 - OUR COSMIC ADVENTURE AND THE SUPREME BEING

BY **JEFFREY WATTLES, USA**

Intellectual and spiritual growth as man experiments it is based on the potentials of the Supreme Being. It is with recognition toward him that we can exist and progress; in him we move and have our being. Papers 115,116 and 117 teach us among other things that: *Although, in the experience of worship, the spiritual nature of man extends to the Father who is infinite, its maximum of intellectual capacity to understand does not exceed the concept of the Supreme Being. The experience of every personality of evolving creature is a phase of the experiment of the Almighty Supreme. The fruits of the spirit are the substance of the Supreme as achievable in human experience. Man can discover the Father in his heart, but he will have to find the Supreme in the heart of all men. But no mortal knowing God can never be alone in his journey through the cosmos, because he knows that the Father is with him every step of the way, while the road that he pursues is the presence of the Supreme.*

Appendix

Workshop 1 information

Goal

To understand how we can help the child develop his spiritual potential.

Objective

To demonstrate how to guide or direct the child so he can develop by himself an authentic and personal relationship with God.

References

(1013.6) 92: 7.11 / (1094.5) 100: 1.3 / (1095.6) 100: 2.2 / (1616.4) (640.1) 56:4.2

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Workshop 2 information

Goal

To be able to recognize, encourage and stimulate creativity in children.

Objective

To discover or demonstrate the factors that favor the development of this creativity.

References

(640.1) 56: 4.2 / (1220.8) 111: 4.9 / (1220.9) 111: 4.10 / (1221.1) 111: 4.12 / (1279.4) 117: 1.6

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Workshop 3 information

Goal

To stimulate in children, the growth of a balanced and unified personality.

Objective

To demonstrate the factors contributing to the balanced development of character and personality manifestation.

References

(1209.4) 110: 6.4 / (1369.1) 124: 2.5 / (1604.4) 142: 7.9 / (1673.3) 149: 4.3 / (1775.7) 160: 2.6 / (1922.2) 177: 2.4

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Workshop 4 information

Goal

To understand that education begins by example.

Objective

To demonstrate what influence the regular practice of a study group in their presence, can have on children.

References

(941.7) 84: 7.26 / (1094.6) 100: 1.4 / (1131.9) 103: 2.10 / (1597.2) 142: 2.2 / (1898.2) 174: 1.2

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Workshop 5 information

Goal

To find the tools to offer teenagers to help them cross this difficult stage of growth.

Objective

How to ensure that teenagers make room for the spiritual in their turbulent life.

References

(1393.6) 126: 5.9 / (1394.1) 126: 5.12 / (1395.2) 127: 0.2 / (1478.5) 133: 6.6

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Workshop 6 information

Goal

To understand the importance of a moral framework for the development of spirituality in children.

Objective

To demonstrate practical means by which the child can learn moral values and recognize spiritual meanings necessary to his social and cosmic growth.

References

(1094.3) 100 1 / (1094.4) 100: 1.2 / (1094.5) 100: 1.3 / (1094.6) 100: 1.4 / (1096.8) 100: 3.3 / (1458.5) 132: 2.8 / (2094.9) 196: 3.10 / (2094.15) 196: 3.16

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Workshop 7 information

Goal

The child's progressive learning of teamwork.

Objective

To demonstrate the value that team work brings to the socialization of the child and why it is so important for the whole cosmic career.

References

(311.3) 28: 5.11 / (557.3) 48: 7.19 / (751.1) 66: 7.6 / (908.2) 81: 6.13 / (1227.6) 112: 1.16 / (1575.4) 140: 5.19

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Workshop 8 information

Goal

To understand the socializing value of virtual communications.

Objective

To question ourselves on the influence of virtual communications in the development of healthy and balanced relationships.

References

(1089.9) 99: 4.1 / (1772.4) 160: 1.3 / (1775.4) 160: 2.3 / (1775.7) 160: 2.6 / (1776.2) 160: 2.8 / (1945.3) 180: 1.6

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Workshop 9 information

Goal

To demonstrate the role and value of prayer and worship.

Objective

To illustrate with examples and observations the difference between these two realities and try to find ways to make these techniques of spiritual communication more authentic.

References

(1209.4) 110: 6.4 / (1369.1) 124: 2.5 / (1604.4) 142: 7.9 / (1673.3) 149: 4.3 / (1775.7) 160: 2.6 / (1922.2) 177: 2.4

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Workshop 10 information

Goal

To understand the usefulness of meditation.

Objective

To explain the value that Jesus gave to meditation and explore different ways to practice it.

References

(1100.1) 100: 5.10 / (1095.3) 100: 1.8 / (1514.5) 136: 4.4 / (1774.2) 160: 1.10 / (1774.3) 160: 1.11 / (1774.4)
160: 1.12 / (2047.6) 192: 2.2 / (2064.2) 194: 3.10 / (2096.2) 196: 3.26

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Workshop 11 information

Goal

To understand the importance of being well prepared to become a parent.

Objective

Review the resources available to us to acquire the skills to become a parent and highlight what we naturally or culturally already know.

References

(765.5) 68: 2.8 / (811.2) 72: 3.2 / (811.4) 72: 3.4 / (1368.2) 124: 1.13 / (1898.3) 174: 1.3 / (1573.6) 140: 5.4

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Workshop 12 information

Goal

To understand the mutual influence that exists between parents and children.

Objective

To demonstrate how the child gives in turn, birth to parents.

References

(196.2) 16: 9.6 / (941.9) 84: 7.28 / (1126.1) 102: 7.1 / (1898.3) 174: 1.3 / (1921.6) 177: 2.2 / (1922.3) 177: 2.5

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Workshop 13 information

Goal

To understand the importance of intergenerational relations.

Objective

To explore how life experience is passed on from one generation to the next and the influence they have on each other.

References

(907.5) 81: 6.8 / (931.2) 84: 0.2 / (1094.6) 100: 1.4 / (1573.9) 140: 5.7

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Workshop 14 information**Goal**

To better understand the challenges of the stepfamily.

Objective

To better understand the process of adaptation needed to make room for the other and give rise to more harmonious relationships.

References

(92.1) 8: 1.11 / (913.2) 82: 0.2 / (913.3) 82: 0.3 / (1775.7) 160: 2.6

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Workshop 15 information**Goal**

To understand the importance, the role and the ideal of family life and its evolution.

Objective

To demonstrate how the family influences the foundations of society.

References

(765.5) 68: 2.8 / (929.4) 83: 8.1 / (931.1) 84: 0.1 / (931.2) 84: 0.2 / (941.9) 84:7.28 / (1089.10) 99: 4.2 / (1775.7) 160: 2.6 / (2093.5) 196: 2.11

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Workshop 16 information**Goal**

To be aware of the challenges that single parenthood brings.

Objective

To explore different ways to compensate for the missing half of the couple, for both the parent and the child.

References

(369.2) 33: 3.7 / (516.2) 45: 6.4 / (811.3) 72: 3.3 / (941.7) 84: 7.26 / (1603.6) 142: 7.5

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Workshop 17 information**Goal**

To understand how we can compensate for the valuable parenting experience.

Objective

To explore different alternative options of the parental experience and their effects in our comprehension of

the Heavenly Father.

References

(30.4) 1: 6.5 / (516.2) 45: 6.4 / (939.6) 84: 7.3 / (1775.5) 160: 2.4 / (1580.6) 140:8.11

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Workshop 18 information

Goal

This workshop aims to sensitize participants to the existence of tools allowing them to make more profitable their efforts in acquiring a balanced growth.

Objectives

1. To understand the utility and especially the importance of a plan to foster spiritual growth;
2. To understand the importance of a reflective approach when developing a plan;
3. To understand the establishing of a plan (the different sections);
4. To understand the qualities of a good plan;
5. To understand the importance of reassessing the plan, to do an evaluation.

References

(1514.2) 136: 4.1 / (1512.7) 136: 3.3 / (1204.5) 110: 2.1

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Workshop 19 information

Goal

This workshop aims to understand the complementary features of these three very important tools in our growth: knowledge, experience and wisdom.

Objectives:

1. To understand the role that knowledge plays in the growth process;
2. To understand the role that experience plays in the growth process;
3. To understand the role that wisdom, the coordination of ideas, plays in the growth process;
4. To explore the idea of interaction between knowledge and experience; how Wisdom coordinates theoretical knowledge and practical experience.

References

(1112.3) 101: 6.7 / (1122.1) 102: 3.5 / (1141.6) / (1435.2) 130: 4.10 / (402.6) 36:5.9

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Workshop 20 information

Goal

To have a deeper understanding of what is worship, the role it plays in our spiritual life. To expand our vision of what is worship.

Objectives

1. To understand worship;
2. True worship being our dedication to the search for the will of the Father, to explore the role of thinking, experience and service in the worshipful attitude;
3. To understand the difference between veneration and worship.

References

(22.5) 1: 1.2 / (1616.7) 143: 7.5 / (2094.8) 196: 3.9 3

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Workshop 21 information

Goal

To understand the mechanisms of prayer, the contribution it has in our spiritual life. To demystify the power of prayer: it is not a way to force the divine laws, but rather a way of adapting the ego to the challenges of life.

Objectives

1. To understand the role of prayer in our relationship with God;
2. To demonstrate how prayer can support our growth;
3. To explain the limits of prayer;
4. To understand the difference between prayer and worship;
5. To demonstrate how prayer can transform our society.

References

(997.3) 91: 3.5 / (1002.3) 91: 8.11 / (1618.6) 144: 2.2 / (1620.14) 144: 3.16 / (1621.7) 144: 4.8 / (1621.8) 144: 4.9 / (1638.4) 146: 2.4

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Workshop 22 information

Goal

To understand what is meditation, as it is presented in The Urantia Book³.

Objectives

1. To describe the concepts of meditation practiced by Jesus as outlined in The Urantia Book;
2. To explore the idea of meditation as a way to tune in with the Thought Adjuster;
3. To demonstrate the important role of thinking in the process of meditation;
4. To explain the function of relaxation in the meditative reflection.

References

(1104.6) 101: 1.3 / (1123.5) 102: 4.5 / (1100.1) 100: 5.10 / (1777.2) 160: 3.1 / (2077.3) 195: 6.7

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³ I suggest you consult Peter Holley's article, « meditation in Jesus style ». http://urantia-uai.org/documents/journal/2013/UAI-Journal_2013_vol-1_in.pdf

Workshop 23 information

Goal

To explore the relationship between belief and faith. To define faith, as clearly as possible. To understand the role that belief plays, as a scaffold, in our journey.

Objectives

1. To explore the role of faith in our growth;
2. To explore the role of belief in our journey;
3. To give a definition of faith.

Reference

(1114.5) 101: 8.1 / (1124.6) 102: 6.4 / (1114.5) 101: 8.1 / (1114.6) 101: 8.2 / (1114.7) 101: 8.3 / (1115.1) 101: 8.4

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Workshop 24 information

Goal

To explore religion in all its forms, traditional religion, revealed (epochal revelation and self-revelation) and personal search for God. The purpose of this workshop is to understand the relationship between these different approaches to spirituality and see the value of each of them as a growth tool.

Objectives

1. To understand the difference between evolutionary religion, revealed religion and personal search;
2. To understand the role of each of these three approaches;
3. To demonstrate how each approach influences our growth.

References

(2091.11) 196: 2.2 / (1091.6) 99: 5.7 / (2077.6) 195: 6.10 / (1104.1) 101: 0.1 / (1107.4) 101: 2.14 / (1110.13) 101: 5.10 / (1111.1) 101: 5.11 / (1111.2) 101:5.12 / (1111.3) 101: 5.13

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Workshop 25 information

Goal

To expand the definition of service. Service is not limited to serving God. Our daily work is also a way of service rendered to society, the group to which we belong.

Objectives

1. To give a definition of service, according to the teachings of the Urantia Book;
2. To show that the daily work can become a way of service;
3. To explain the role of service in our growth;
4. To demonstrate that service is a way of life, the attitude with which we perform daily tasks.

References

(1732.4) 155: 6.11 / (1569.3) 140: 1.6 / (273.10) 25: 1.1 / (1930.1) 178: 1.4 / (1930.3) 178: 1.6

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Workshop 26 information

Goal

To understand the existing relationship between material, mental and spiritual levels – the body, mind and Spirit. To understand the functions of these three levels of reality and their interactions in our material life.

Objectives

1. To give a definition of each of these levels;
2. To explain the relationship that exists between these three levels; to give concrete examples;
3. To demonstrate how the harmonious development of these three levels will have an impact on the balanced growth of the individual.

References

(1216.5) 111: 1.4 / (2094.1) 196: 3.2 / (2094.5) 196: 3.6 / (1110.8) 101: 5.5 / (1216.5) 111: 1.4 / (1217.1) 111: 1.6 / (1218.2) 111: 2.4 / (1222.3) 111: 6.4 / (1222.4) 111: 6.5 / (192.6) 16: 6.10 / (195.7) 16: 9.1

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Workshop 27 information

Goal

To define the soul in concrete terms.

Objectives

1. To explain the concept of the soul as defined in The Urantia Book;
2. To explain how we can promote its growth;
3. To give a definition of the material ego;
4. To explain the existing relationship between material ego and the soul;

References

(1226.3) 112: 0.15 13 / (1230.3) 112: 3.5 / (1232.5) 112: 5.4 / (1219.1) 111: 3.2 / (1218.6) 111: 2.8 / (1237.1) 112: 6.9 / (1232.5) 112: 5.4 / (1227.10) 112: 2.1 / (1227.11) 112: 2.2 1 / (1227.12) 112: 2.3 2. / (1227.13) 112: 2.4 3 / (1227.14) 112: 2.5 4. / (1229.7) 112: 2.20 / (1218.1) 111: 2.3

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Workshop 28 information

Goal

To explore the concept of personality and understand the role it plays

Objectives

1. To explore the concept of personality and understand the role it plays.
2. Objectives

3. To provide a list of personality characteristics;
4. To explain the role of the personality;
5. To explain the difference between ego and personality;
6. To explain what is a unified personality;
7. To explain the relationship between self-control and personality
8. To explain how communication allows the personality to develop.

References

(1229.2) 112: 2.15 / (1229.3) 112: 2.16 / (1225.12) 112: 0.12 10 / (1775.3) 160:2.2 / (1225.1) 112: 0.1 / (1236.3) 112: 6.5 / (1229.2) 112: 2.15 / (195.2) 16: 8.15

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Workshop 29 information

Goal

To understand what are the 7 adjutant mind-spirits.

Objectives

1. To understand what is the level of consciousness of the Divine Minister;
2. To explain what are the seven adjutant mind-spirits;
3. To understand the functions of these spirits;
4. To define what is an impulse and how these circuits influence us;
5. The influence of these spirits decreases as our evolution progresses; to explain what other influences replace them.

References

(377.5) 34: 4-5 / (401.5) 36: 5-6 / (480.4) 42: 10.1 / (738.4) 65: 7.1 / (948.6) 85:7.1 / (1003.1) 92: 0.1 / (1186.8) 108: 2.1 / (1209.1) 110: 6.1 / 117: 0.1

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Workshop 30 information

Goal

To explore the different functions of these two spiritual influences: the Holy Spirit and the Spirit of Truth.

Objectives

1. To understand the role of the Holy Spirit in our growth;
2. To demonstrate the differences between the mental and spiritual circuit of the Divine Minister;
3. To explain what is the Spirit of Truth and its role.

References

(1950.5) 180: 5.10 / (1003.4) 92: 0.4 / (379.4) 34: 5.4 / (1108.1) 101: 3.2

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Workshop 31 information

Goal

To understand the origin of the Thought Adjusters, their primary mission, and try to understand how we can help them in their efforts to spiritualize us.

Objectives

1. To reflect on the origin of these fragments of God;
2. To understand the meanings of their different names;
3. To define their true missions;
4. To define how we could better cooperate with Them.

References

(62.1) 5: 0.1 / (445.2) 40: 5-6-7 / (1176.1) 107 / (1185.1) 108 / (1195.1) 109 / (1203.1) 110 / (1231.1) 112: 4-5-6-7 / (1270.12) 116: 3.1 / (1295.1) 118: 1.1

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Workshop 32 information

Goal

To understand the origin of the seraphic guardians, their nature and their functions.

Objectives

1. The origin of guardian angels;
2. To understand how they are allocated us;
3. To define their functions towards mortals;
4. To define other functions to which they are assigned;
5. To understand how we can better cooperate with them.

References

(340.3) 30: 4.1 / (346.2) 31: 4.1 / (418.1) 38 / (426.1) 39 / (443.12) 40: 1.1 / (550.2) 48: 5-6 / (1241.1) 113 / (1250.1) 114

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Workshop 33 information

Goal

To demonstrate the differences between brotherly love and paternal love, and explain how the latter is a superior form of relationship with others.

Objectives

1. To define the golden rule;
2. To define brotherly love and paternal love;
3. To demonstrate through examples, how Jesus has loved us of a paternal love;
4. To explore different ways to love our neighbor of a paternal love.

References

(1573.3) 140: 5.1 / (2093.4) 196: 2.10

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Workshop 34 information

Goal

To understand the importance of elevating our life technique at an art level that we can master.

Objectives

1. To define the art of living;
2. To examine the essential factors for higher levels of the art of living:
 - a. To express ourselves and understand each other: the role that love plays between two people;
 - b. The union of souls - mobilization of wisdom: the sharing of our knowledge and experiences;
 - c. The excitement of living; the role of friendship and devotion to a common cause;
 - d. The defense against all evil: live generously for those with whom we progress, live for the good of others;
3. To understand how these points help us to enhance our art of living?

References

(1773.1) 160: 1.4 / (1774.5) 160: 1.13 / (1778.1) 160: 3.3.

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Workshop 35 information

Goal

To explore the concepts of personal freedom as presented in The Urantia Book.

Objectives

1. To explain the concept of abuse of liberty;
2. To show what are the links between the false freedom of the Lucifer rebellion (see the manifesto of rebellion - Paper 53) and the modern conception of liberty;
3. To demonstrate that freedom and responsibility are interrelated;
4. To give examples of conciliation between personal needs and those of the group to which you belong.

References

(833.6) 74: 5.6 / (614.4) 54: 1.9 / 601.1) 53: 0.1 / (602.5) 53: 2.2 / (2060.7) 194:2.2 / (2078.2) 195: 6.16

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Workshop 36 information

Goal

To understand the interdependence that exists between the spiritual life and the everyday reality.

Objectives

1. To explain how an active spiritual life can help us in solving the problems of our current lives;
2. To explain the benefits related to the presence of spirituality in our lives;
3. To demonstrate with concrete examples of how solving everyday problems builds character;
4. How can we tie our spiritual life with our daily lives?

References

(1124.3) 102: 6.1 / (1774.1) 160: 1.9 / (1774.3) 160: 1.11 / (2093.6) 196: 3.1. See Paper 160 # 4

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Workshop 37 information

Goal

To define and understand the difference between non-resistance and non-violence. Reflect on the application of these concepts in our daily lives.

Objectives

1. To explain what is non-violence;
2. To explain what is non-resistance;
3. How can these concepts be applied in our daily lives;
4. To demonstrate how Jesus applied these concepts.

References

(1770.2) 159: 5.10 / (1608.4) 143: 1.7 / (1950.4) 180: 5.9 / (1469.3) 133: 1.4 / (1470.1) 133: 1.5 / (1770.1) 159: 5.9 / (1579.6) 140: 8.4 / (1950.4) 180: 5.9

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Workshop 38 information

Goal

To enhance our ethical consciousness in order to improve our relationships with others.

Objectives

1. To define ethics;
2. To define the different aspects of ethics;
3. To understand the role of an ethical conscience;
4. The application of ethics in our lives;
5. To provide ways to improve our relationships with others.

References

(300.4) 27: 3.1 / (313.5) 28: 6.1 / (432.2) 39: 3.1 / (493.7) 43: 8.1 / (1012.2) 92:7.1 / (1127.5) 102: 8.1 / (1861.8) 170: 3.1 / (2093.6) 196: 3.1

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Workshop 39 information

Goal

To explore and understand the importance of interfaith relations for our personal growth.

Objectives

1. To explain what interreligious dialogue entails;
2. To demonstrate the importance of having an open mind, shown by ecumenism in our modern world;
3. To demonstrate what is meant by being open to other forms of religious expression;
4. To demonstrate the importance of knowing and understanding other religions;
5. To demonstrate that truth has no religion; the Spirit speaks where opportunities exist.

Reference

(2085.3) 195: 10.11

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Workshop 40 information

Goal

To understand and explain the religious ideal of Jesus: the relationship between the Heavenly Father and the human being.

Objectives

1. To explain what is the religion about Jesus;
2. To better understand the difference between the religion of Jesus and the religion about Jesus;
3. To demonstrate that the religious ideal of Jesus aimed to establish a personal relationship between the creature and his Father;
4. To explain the importance of this concept for the presentation of the 5th revelation to other religions.

References

(2087.4) 196: 0.4 / (2059.4) 194: 0.4 / (2089.3) 196: 0.13 / (2091.10) 196: 2.1 / (2092.2) 196: 2.4 / (2059.3) 194: 0.3 / (2059.7) 194: 0.7 / (2066.5) 194: 4.5 / (966.1) 87: 7.6 / (2086.1) 195: 10.15 / (1543.1) 138: 6.3 / (1423.7) 129: 3.5. Paper 160 no.5

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Workshop 41 information

Goal

The purpose of this workshop is to make us conscious of the privilege that is granted to us to participate in God's plan, the importance of our involvement in the projects of God, the power granted us, and the responsibilities that arise from this power.

Objectives

1. To define our supreme cosmic responsibility;

APPENDIX

2. To become aware of the impact of our decisions on:
 - a. The Thought Adjuster;
 - b. The Universal Father;
 - c. The Supreme Being;
3. To understand the interdependence between the creature and the Creator;
4. To reflect on what are our cosmic obligations and how to fulfill them.

References

(124.2) 11: 7.1 / (445.2) 40: 5-6-7 / (1203.1) 110 / (1215.1) 111 / (1225.1) 112 / (1278.1) 117

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Workshop 42 information**Goal**

To give a broader understanding of how to disseminate the teachings of The Urantia Book.

Objectives

1. To understand the importance of knowing the needs of the community in which we live;
2. To understand the importance of not exceeding the understanding capacity of our interlocutor;
3. To understand the importance of being prepared; we do not improvise the teaching;
4. To understand the importance of expanding the already known truths; evolution rather than revolution.

References

(2064.1) 194: 3.9 / (1932.1) 178: 1.16

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Workshop 43 information**Goal**

The purpose of this workshop is to define cosmic consciousness and spiritual perception.

Objectives

1. To define cosmic consciousness and what it brings us;
2. To define spiritual perception;
3. To explore how we can help the revelators in their enhancement effort.

References

(1.1) 0: 0 / (3.14) 0: 2.1 / (517.3) 45: 7.1 / (1185.3) 108: 1.1 / (1689.4) 151: 2.1 / (1765.3) 159: 3.1 / (2060.6) 194: 2.1

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Workshop 44 information**Goal**

The purpose of this workshop is to define, to better understand what is meant by perfection, the goal set for

us.

Objectives

1. To define the perfection to be reached (the goal set for us);
2. To understand the achievable level of perfection on our present sphere;
3. To understand the attainable aspects of perfection;
4. To reflect on what is God's will for us.

References

(21.1) 1: 0.1 / (54.1) 4 / (1111.5) 101: 6.1 / (1221.2) 111: 5.1 / (1301.6) 118: 8.1 / (1730.5) 155: 6.1 / (2093.6)
196: 3.1

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